



Female Sexuality

Sex Therapy

Allura: <https://www.alluracentre.com/>

Westcoast Centre: <https://westcoastsextherapy.com/>

Erin Davidson: www.ErinEDavidson.com

Books

-The Elusive Orgasm

<https://www.amazon.ca/Elusive-Orgasm-Womans-Guide-Cant/dp/1600940234>

-Women's Anatomy of Arousal

<https://www.amazon.ca/Womens-Anatomy-Arousal-Secret-Pleasure/dp/057803395X>

-Come as You Are

<https://www.amazon.ca/Come-You-Are-Surprising-Transform/dp/1476762090>

Tools

-Fuse Dilators

Sold in the clinic

- Intimate Rose Pelvic Wand

<https://urologyhealthstore.ca/products/intimate-rose%C2%AE-pelvic-wand>

- Ohnut

<https://www.amazon.ca/Ohnut-Ring-Set-Intimate-Intercourse/dp/B07QB3VTZ>